



# What's Your Ankle Fracture Challenge?

## Avulsion Fractures

The Hook Plates include two distal prongs that **wrap around the distal tip of the medial malleolus**.

The Locking Peg Hook Plates provide added fixation with a distal 2.3 mm Cortical Peg, **which captures and reduces the fragment**.



The Hook Plate Reduction handle allows for **controlled fixation and reduction**.



Acumed Small Fragment Base Set Required

Products with this symbol require use of the Acumed Small Fragment Base Set in order to complete surgery following the recommended surgical technique.



Acumed Variable Angle Screw Compatible

Products with this symbol are compatible with Acumed 2.7 mm and 3.5 mm Variable Angle Screws for use in completing surgery following the recommended surgical technique.

## Trimalleolar Fractures

Patients with trimalleolar ankle fractures who received a **posterolateral buttress plate** had **superior clinical outcomes at follow-up compared to those treated with AP screws**.<sup>1</sup>

Posterior Distal Tibia Plates act as a buttress and **support the most distal posterior corners**.

## Lateral Malleolar Fractures

The **minimal approach used with a fibula nail** rather than plate fixation has been observed to **decrease the incidence of wound infection** and reduce the need for further surgery to remove prominent hardware while providing stable fixation.<sup>2</sup>

For more information:  
[go.acumed.net/AnkleSolutions](http://go.acumed.net/AnkleSolutions)  
888.627.9957

# We Have Your Fixation Solution.

1. O'Connor, TJ, Mueller, B, Ly, TV, et al. "A to P" screw versus posterolateral plate for posterior malleolus fixation in trimalleolar ankle fractures. *Journ Orthop Trauma*. 2015;29(4):e151-6.
2. Appleton P, McQueen M, Court-Brown C. The fibula nail for treatment of ankle fractures in elderly and high risk patients. *Tech Foot Ankle Surg*. 2006; 5(3):204-208.